



**MAKING  
EVERY**

**CONTACT  
COUNT**

**ONE CONVERSATION  
CAN CHANGE A LIFE**



# What is Making Every Contact Count?

The Making Every Contact Count Programme was established to support the prevention and management of chronic disease. It is a key priority of the Healthy Ireland agenda, which aims to improve the health of the whole population.

As a healthcare professional, you are being asked to take a few moments during routine interactions with your patients, to talk with them about health behaviour change.

To support you to implement this programme in our health service an innovative blended learning training programme has been developed. The e-learning training consists of the following online modules each of 30 minutes duration:

- Introduction to Behaviour Change
- Tobacco Free
- Alcohol and Drug Use
- Get Ireland Active
- Healthy Food for Life
- Skills into Practice

The training is designed to allow you to pace your learning and complete when it best suits you. It means you can pick up where you left off and complete the modules in stages.

Once you have completed all of the online modules you can register to attend the face to face classroom module - **Enhancing your brief intervention skills workshop.**

## Making Every Contact Count E-Learning is

- Easy to Complete - One step registration
- Free to all healthcare professionals
- Recognised for Continuous Professional Development (CPD) by a range of professional bodies

For more information and to register go to  
[www.makeeverycontactcount.ie](http://www.makeeverycontactcount.ie)