



I can't quit smoking

A realistic illustration of a rectangular, tan-colored nicotine patch with rounded corners, positioned diagonally over the word 'can't' in the headline.

**Patches and other Nicotine
Replacement Therapies can help.**

Find out how to get them for free at [Quit.ie](https://quit.ie)
Enter your details here

QUIT.ie



I can stop smoking



**Lozenges and other Nicotine
Replacement Therapies can help.**

Find out how to get them for free at [Quit.ie](https://quit.ie)
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I'm not able to quit smoking



**Mouth sprays and other Nicotine
Replacement Therapies can help.**

Find out how to get them for free at [Quit.ie](https://quit.ie)
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I'm  not
ready
to quit
smoking

**Inhalers and other Nicotine
Replacement Therapies can help.**

Find out how to get them for free at [Quit.ie](https://quit.ie)
Enter your details here

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Giving up smoking is impossible



**Gum and other Nicotine
Replacement Therapies can help.**

Find out how to get them for free at [Quit.ie](https://quit.ie)
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