

Dementia: Understand Together



The campaign is working with people all over Ireland to build dementia inclusive communities.

The number of people being diagnosed with dementia is increasing year on year and many of us and the people we love will be affected by this condition during our lifetime.

Hundreds of community champions together with partner organisations ranging from retail, transport, banking, health and the voluntary and community sector are taking action to create communities that are respectful, supportive and inclusive of people with dementia and their families.

Get involved

You can be part of this movement by taking action and joining forces with other individuals, businesses and services within your community.

By displaying or using the dementia inclusive community symbol you are sending an important message that you care and are supporting people with dementia.

Find out more at

[understandtogether.ie](https://www.understandtogether.ie)

There are 6 simple actions we can take to help support people living with dementia and their families.



**See the person,
not the dementia**



**Talk about
dementia**



Stay in touch



**Ask how you
can help**



**Support the person to
keep up hobbies and
interests**



**Make sure your
service or space is
easy to use**

Training and resources

We have lots of resources to support you to create your own dementia inclusive community. These include dementia awareness training, guidance and promotional materials, as well as linking you with a network of champions across the country.

Find out more and get involved at

understandtogether.ie

