

Where to get HIV PEP:

HIV PEP should be started as soon as possible after a potential exposure to HIV but must be started within 72 hours.

Attend your nearest Sexual Health Service or Emergency Department (ED).

Don't wait until the service you prefer is open.

Need HIV PEP out of hours?

A new online HIV PEP assessment is now available via the HSE for when you can't get to a service within 72 hours.

Complete the free online assessment within 48 hours of a potential sexual exposure to HIV. If the assessment suggests you would benefit from PEP you'll receive a referral letter for an Emergency Department.

More information at man2man.ie/hivpep



HIV PEP is free at public Sexual Health Services and available at emergency departments, where a statutory fee may apply without a GP referral.

Visit man2man.ie/hivpep for a full list.

Sexual Health Information:

To find out more about HIV PEP, PrEP, DoxyPEP, free STI testing and vaccines in English, French, Portuguese and Spanish

visit man2man.ie



Sexual Health Outreach Support

If you want to speak to someone about HIV PEP, the MPOWER team of peer sexual health outreach workers offer information, support and resources relating to HIV, STIs and sexual health & wellbeing needs for gbMSM.

Email the MPOWER team at mpower@hivireland.ie or check out their website for more contact details mpower.hivireland.ie

[Man2Man.ie](https://man2man.ie)



Man2Man.ie

HIV Post Exposure Prophylaxis (PEP)

Take Action Start PEP

Information for gay, bisexual and other men who have sex with men (gbMSM) and transgender people.

man2man.ie/hivpep



HIV PEP – what is it?

HIV PEP is a 28-day course of tablets that is recommended as soon as possible after a potential HIV exposure to prevent HIV infection.

Post = after.

Exposure = a situation where a person comes in contact with HIV and may acquire the infection.

Prophylaxis = a treatment to prevent an infection happening.

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HIV PEP Facts:

- **HIV PEP** should be started as soon as possible after a potential exposure to HIV but must be started within 72 hours
- **HIV PEP** is a course of tablets for 28 days. It is important that you complete the course and do not miss any doses.
- If you are prescribed **HIV PEP** you will have a series of blood tests and an **STI** screen. Follow-up blood tests will also be arranged.
- You should not have any condomless sex until you have completed the treatment and all the follow-up blood tests.
- After completion, consider using condoms or taking **PrEP**. **PrEP**, or pre-exposure prophylaxis, is a pill that is taken before sex to prevent HIV.

Learn more about **PrEP** at man2man.ie/prep

Who gets HIV PEP?

Not everyone who presents for **HIV PEP** will need it.

- The healthcare provider you see will decide if you need **HIV PEP**, based on a clinical assessment. **HIV PEP** is not always needed following sexual contact.
- It's important to give the healthcare provider clear information on the sexual contact.
- You will be asked if you know that the person you had sexual contact with is living with **HIV**. If so you will be asked if you know if they are on treatment and if they are undetectable. You may also be asked if contact can be made with them to verify the information.
- Regardless of whether you are prescribed **HIV PEP** or not, you will be advised to attend for follow-up tests up to 12 weeks later based on your individual circumstances.

