



“Reducing Cancer Risk” eLearning programme

Learn how modifiable risk factors affect cancer risk.

Available at www.hseland.ie

Each module takes 10 - 15 minutes to complete.

You can complete any module you want.

Approved by the ICGP for 2 external CME points and 0.5 day GMS leave

Reducing cancer risk modules include:



Tobacco



Body Weight



Vaccinations



Alcohol



Skin Protection



Radon



Cancer Screening



Eating for Health



Breastfeeding, hormonal
contraception and HRT



Physical Activity



Workplace

Find it by searching for ‘*reducing cancer risk*’
in the search box on www.hseland.ie