

PAGE 1

75mm

Know the signs, find cancer early
Talk to your GP if you have...

nccp

National Cancer
Control Programme

...a new lump or bump on your body,
e.g. a lump in your breast, testicle,
armpit, head or neck



100mm

PAGE 2

Know the signs, find cancer early
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nccp

National Cancer
Control Programme

...a new cough lasting for more than 3 weeks



PAGE 3

Know the signs, find cancer early
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nccp

National Cancer
Control Programme

...a change to a long-standing cough, e.g.
your cough is getting worse or you are
coughing up blood



PAGE 4

Know the signs, find cancer early
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nccp

National Cancer
Control Programme

...unexplained bleeding, e.g. blood in your
poo or pee, or vaginal bleeding between
your periods or after the menopause



PAGE 5

Know the signs, find cancer early
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nccp

National Cancer
Control Programme

...changes on your skin,
e.g. a new or changing mole



PAGE 6

Know the signs, find cancer early
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nccp

National Cancer
Control Programme

...unexplained weight loss or
loss of appetite



PAGE 7

Know the signs, find cancer early
Talk to your GP if you are...

nccp

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Control Programme

...feeling very tired all the time,
more than is normal for you



PAGE 8

Know the signs, find cancer early
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nccp

National Cancer
Control Programme

...an ongoing change in your bowel habit, e.g.
blood in your poo, looser poo or constipation



PAGE 9

Know the signs, find cancer early
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nccp

National Cancer
Control Programme

...ongoing heartburn, indigestion or
difficulty swallowing



BACK COVER PAGE

nccp

National Cancer
Control Programme

Visit www.hse.ie/cancerearlydetection for more information

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