

Know the signs

Find Cancer Early

1 in 2 people in Ireland will develop cancer in their lifetime.

Treatment options and survival rates are better than ever – especially when cancer is found early.



Call your GP TODAY if you notice any of the following



A new lump/bump on your body



A changing lump/bump on your body



Unexplained bleeding



Changes on your skin, e.g. a new or changing mole



Unexplained weight loss



Feeling very tired all the time, more than is normal for you



A new cough lasting for more than 3 weeks



A change in your bowel habit for more than 6 weeks, such as looser poo, pooping more often or constipation



Persistent heartburn or indigestion

Don't be scared Don't delay
Call your GP today

Visit www.hse.ie/findcancerearly for more information

