

Know the signs

Find Bowel Cancer Early

Treatment options and survival rates are better than ever - especially when bowel cancer is found early.



Call your GP TODAY if you notice any of the following



A change in your bowel habit for more than 6 weeks, such as looser poo, pooing more often or constipation



Feeling like you need to pass a bowel motion even when you know your bowel is empty



Unexplained bleeding from your back passage



Unexplained pain in your tummy or back passage



Unexplained lump or swelling in your tummy



Unexplained weight loss



Feeling very tired all the time, more than is normal for you



Breathlessness more than is normal for you

Don't be scared Don't delay
Call your GP today

Visit www.hse.ie/findcancerearly for more information

