

Could it be sepsis?



Sepsis can hide behind any infection.
Don't miss the signs.

Symptoms in children

- › Very fast breathing
- › Having fits or convulsions
- › Skin looks mottled, bluish or pale
- › Has a rash that does not fade when pressed
- › Is unusually sleepy and difficult to wake
- › Feels unusually cold when you touch them
- › Has had no pee for more than 12 hours

If your child is under 5 years, watch in particular if they are:

- › Not feeding
- › Vomiting repeatedly
- › Dry when you change them and have not had a wet nappy for the last 12 hours



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If your child has an infection with these symptoms, seek urgent medical attention.
See a full list of symptoms to look out for on hse.ie

