



# Together we make a great team.

When breastfeeding, you and your baby will find what works for you. Talking to other mums can help.

See [breastfeeding.ie](https://breastfeeding.ie) for support in your local area.



Feidhmeannacht na Seirbhíse Sláinte  
Health Service Executive

**Every Breastfeed Makes a Difference.**