See the person, not the dementia

Stay in touch

Support the person to keep up hobbies and interests

Talk about dementia

Ask how you can help

Make sure your service or space is easy to use
Dementia: Understand Together in Communities

Join the many individuals, businesses and organisations already taking steps to make their communities dementia inclusive.

With your help we are creating communities where people with dementia and their families are respected, supported and connected.

Take one small action and make a difference to the quality of life of people with dementia and their families.

For information and supports visit: www.understandtogether.ie/get-involved/

Contact your local Community Champion at: